

NELSON HIGH SCHOOL

4181 New Street, Burlington ON L7L 1T3

<http://nel.hdsb.ca>

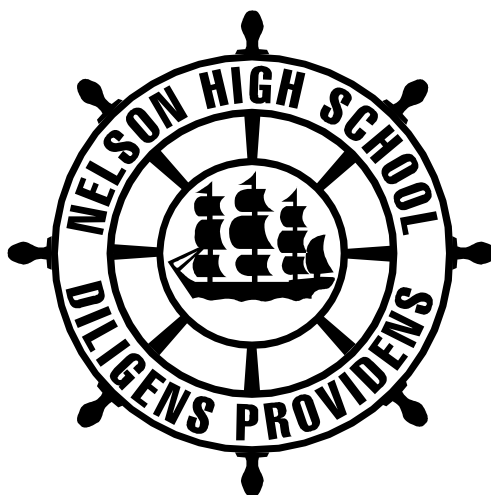
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Principal: Paul Daignault

Vice Principals: Brad Yhard A - L
Luisa Botelho M - Z



Student Services Program Leader: Peter Bird (A-L)

Counsellors: Idli Hall (M-Z)

Andrew Ball

Student Success Lead Teacher: Sahar Monzavi

WELCOME TO THE NELSON SCHOOL COMMUNITY

Nelson High School is rich in tradition, school spirit and academic excellence. At Nelson, we strive to create a safe, inclusive and healthy environment in which each student is engaged, supported and challenged every day.

Students are at the heart of our school culture. The journey begins for our incoming grade 9 students through our *Link Crew* program. Link Crew is a relationship-based student mentorship program where our newest students work with our senior leaders to establish a true sense of belonging, while they explore learning in a variety of ways.

From the first day of grade 9, every student is encouraged to explore the world beyond the classroom, through numerous student-created and student-led clubs and activities. These collective experiences provide opportunities to learn and develop important leadership skills, while creating an engaging school community.

At Nelson, we believe that planning for the future requires a true partnership between home and school. As you review and discuss course selections, career goals, and program pathways with your child or student, we encourage you to seek the support of our guidance counselors, administration and classroom teachers to assist in the development of their secondary pathway plan.

For additional resources, please consult www.myblueprint.ca and visit our website <http://nel.hdsb.ca>

Best wishes for success and a great year at Nelson!

Paul Daignault
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EDUCATION FOR STUDENT EMPOWERMENT NELSON HIGH SCHOOL

To instill the capacity and motivation for life-long learning we must encourage you, through a gradual process based upon individual growth and development, to accept responsibility for your own learning. This may be accomplished if we help you acquire the values, knowledge, and skills necessary for you to succeed in a complex, interconnected world. The curriculum will provide you with the perspective necessary to understand your relationship to your community, country and world and demonstrate how you can influence your future. The development of this deeper understanding must begin in the Nelson community. We are committed to our goal of inclusion, empowerment, and a sense of belonging for all school community members.

At Nelson High School, you can expect:

- To be treated as an individual,
- To feel that you belong and are accepted,
- To have the structure you require in order to become independent,
- To be given responsibility,
- To be given the opportunity to interact with others,
- To be treated equitably,
- To use your voice to make a positive difference.

We strive to ensure that all students, parents, guardians and staff feel included, empowered, and develop a strong sense of belonging in the Nelson school community.

| DAILY SCHEDULE | |
|--|----------------------|
| Announcements & PERIOD 1 | 8:10 – 9:28 |
| PERIOD 2 | 9:31 – 10:46 |
| PERIOD 3 Jr. Lunch (9&10) and activities | 10:49 – 12:04 |
| PERIOD 4 Sr. Lunch (11&12) and activities | 12:07 – 1:22 |
| PERIOD 5 | 1:25 – 2:40 |

NELSON HIGH SCHOOL ATTENDANCE AND PUNCTUALITY

Regular and punctual attendance is essential for academic success. Absences from school or individual classes must be reported. Students are expected to attend all their classes and to arrive on time. It is the student's responsibility to complete missed class work and assignments.

| | Responsibilities |
|--------------------------|---|
| Students | <ul style="list-style-type: none"> • to be at school and in class on time • to sign-out at the office, with a note or parent/guardian phone call, if they need to leave early • to inform teachers of upcoming extended absences (see Extended Absence Protocol and Final Evaluation Tasks) |
| Parents/Guardians | <ul style="list-style-type: none"> • to indicate their student will be absent using School Messenger (Appointments/Vacations etc.) • to inform teachers of upcoming extended absences (see Extended Absences Protocol and Final Evaluation Tasks) • to check their child's daily attendance by visiting http://nel.hdsb.ca and clicking on Parents then Info for Parents then Student Attendance Report. (note: student number is needed for entry) |

LATES/SIGN IN PROCESS

Period 1-Students are considered late if they are not in their period 1 class by the end of the daily announcements. Teachers will mark students late if they arrive after this time. Notification is sent to parents/guardians at the end of the period.

Period 2-5-Students are considered late if they are not in class by the bell. Teachers will mark students late if they arrive after this time. Students will also be marked late if they leave class before the end of the period. Notification is sent to parents/guardians at the end of the day

VACATIONS IMPACT ON STUDENT ACHIEVEMENT

There are a number of families in our school community choosing to book vacations during school time. We understand that these family times can be wonderful learning opportunities for our students. However, extended absences also have an impact on a student's learning and the opportunities for the student to demonstrate understanding of the curriculum expectations. Teachers can provide some of the work missed once the student returns. Many of the learning experiences missed in the classroom are experiential in nature and cannot be replicated. Please do not ask our staff to provide packages of work in advance for extended vacations. We have an overview of what will be taught but planning goes on throughout a unit based on on-going daily assessment. We appreciate your understanding and cooperation.
See Final Evaluation Tasks

EXTENDED ABSENCES PROTOCOL

Nelson High School encourages full time attendance to support the learning of our students. Students are responsible for making up all work missed during their absence. Any test missed must be written as soon as the student returns to school or at a time determined by the teacher. Failure to comply with these procedures could result in zeros being given for missed assignments or evaluations.

Parents/Guardians who plan to withdraw their children for 3 or more consecutive days should obtain an **Extended Absences Form** from the office (preferably two weeks prior to the absence) and complete the following steps:

- fill out and sign the information side of the form

- the student takes the form to each of their teachers to gather school work information and the teachers' signatures
- the form is returned to the office and a copy is made for our office file
- the student keeps the original and is responsible for any missed work and assignments

At times, students miss many days of school due to illness, bereavement etc. If a student is away from school due to a medical condition, **parents/guardians must inform the office** and a medical note may be requested. Parents/Guardians are also recommended to contact the student's teachers for missed work via the staff directory and websites.

REPORTING TIMELINES

October and March – 5th Week Progress Report

No overall grade is reported at this early stage of the course.

- **Grade 9:** All Grade 9 students receive a progress report.
- **Grade 10-12:** Only students in grades 10-12 who are experiencing difficulty in a course receive a progress report.

November and April – Mid-term Report

All students receive a formal report with a mid-semester grade, learning skills and work habits evaluations.

December and May – 15th Week of Semester

Students who currently are achieving grades of 60% or less receive a report outlining the steps required in order for them to ensure they earn their credit.

February and June – End of Semester Report

All students receive a formal report with a final grade, learning skills and work habits evaluation.

NELSON ACADEMIC STANDARDS

Students are responsible for providing evidence of their learning within established timelines. Due dates for assignments and the scheduling of tests will be communicated well in advance to allow students to organize their time. Students who are unable to follow an agreed upon timeline are expected to demonstrate their responsibility and organizational skills by discussing with their teacher the challenges they are facing as far in advance of the deadline as possible.

Students are also responsible for being academically honest in all aspects of their schoolwork, so that the marks they receive are a true reflection of their achievement. Plagiarism is using the words, ideas or work of someone else without giving appropriate credit to the original creator. This is a form of cheating.

It is the practice of the Halton District School Board that concerns and questions should be dealt with at the level closest to the issue. Where a parent/guardian has a concern about their child's classroom or program, the issue should be addressed with the teacher. Should the parent/guardian not be satisfied by the teacher's response, then the matter should be brought to the Department Head, and then if necessary the school administration.

NOTE: The HDSB Assessment and Evaluation Practices Administrative Procedure can be found at www.hdsb.ca

MEETING TIMELINES

What HDSB Students Need to Know About... Meeting Timelines & Academic Honesty

Our Goals

- All students will demonstrate the learning skills and work habits required to responsibly complete their work and meet deadlines.
- All students will demonstrate academic honesty when completing their work.
- Schools will instruct, monitor and remediate the learning skills students require to responsibly complete their work and meet deadlines.

What are your responsibilities?

- Keep a schedule of your responsibilities, evaluation timelines and due dates.
- Work with your teachers to manage your timelines to meet your responsibilities.
- Demonstrate academic honesty by doing and handing in your own work and following the rules provided for all tasks, tests and assignments.

How will students be supported?

Your teachers...

- help you to develop the learning skills and work habits you need to demonstrate so you can successfully manage and meet due dates.

- emphasize the importance of the responsible completion of work and academic honesty.
- clearly communicate the timelines and due dates for evaluations.
- monitor your progress toward meeting due dates.

WHAT HAPPENS IF YOU MISS A DEADLINE?

If you miss a deadline, your teachers will follow these steps to support you getting your work done:

1. Conference with you to help you make a plan to get the work handed in, understand what happened, and think about how you can learn from the experience so it does not happen again.
2. Set up a contract with you (either verbal or written) that sets out the closure date (the very last date this work will be accepted) for missing work.
3. Your teacher will make sure your parents or guardians know that you have not handed in work and that it is having an impact on your achievement.
4. Your teacher will contact other people in the school (guidance, student success, etc.) to let them know that missing work is impacting your achievement and to see what support they can provide you.

Completing your work and meeting deadlines matters

Your teachers *might* use some of the following additional strategies to help you get your work done if they think they might help you to be more successful:

- require you to complete the work at a different time;
- work with your parents/guardians to help you get your work completed and handed in;
- speak with you to better understand the circumstances and special considerations that might be affecting how you complete and hand in your work;
- ask you to demonstrate your understanding in a different way than was originally planned;
- monitor, document and seek to continuously improve your understanding and demonstration of academic honesty.
- deduct a grade penalty of 5% per school day.

ACADEMIC HONESTY

How Will Staff Ensure Academic Honesty at Nelson?

1. Keep track of incidences of cheating and plagiarism, and keep trying to improve how well you and other students in your school understand and demonstrate academic honesty.
2. If you have not met the Board's expectation of academic honesty, a consequence will be applied which will help you to understand the vital importance of academic honesty and the seriousness of dishonest behaviour. The consequence will take into account the circumstances, your grade, the course you're in, your maturity, how important the evaluation is and whether you have had previous incidents of academic dishonesty.

WHAT HAPPENS IF A TEACHER BELIEVES YOU HAVE PLAGIARIZED OR CHEATED?

If your teacher believes you have plagiarized or cheated your teacher will:

1. Discuss and explain the evidence of cheating and/or plagiarism in your work to ensure the you understand why your academic honesty is being questioned;
2. Inform your parent(s)/guardian(s) and/or refer you to your principal or vice-principal who will decide on an appropriate consequence;
3. Apply an appropriate consequence;
4. School staff and administration will keep a record of the cheating or plagiarism and take into account previous problems if you are found to have cheated or plagiarised again. Progressive consequences will apply.

Cheating and plagiarism are serious issues.

Final 30% Evaluations Are Important

As with any learning, if you do not attend or complete part of your Final 30% evaluation, or it is determined that you have plagiarized or cheated on a part of the Final 30% evaluation, then the consequence will take into account your grade and pathway, your maturity, the number and frequency of previous incidents; and your individual circumstances.

The consequences may include but are not limited to:

- Requiring you to complete the work at a different time under supervision;
- A student who is determined to have been absent without an approved reason or to have plagiarized or cheated on a Final 30% evaluation, a mark of zero may be assigned and used as part of your final grade, after consultation with administration.

DETERMINING REPORT CARD GRADES

Our Goal

Report card grade determination will be fair, clear, accurate, reliable, and transparent based on the *Growing Success* policy.

How Is Your Grade Determined?

Your teachers...

- use both mathematical calculations and their professional judgement to determine your percentage mark. Determining exactly how well you've demonstrated the learning expectations for a course is complex.
- communicate clearly how your grades are determined. You can refer to your course outline to understand how your marks are organized into categories as part of the calculation of your grades.
- collect and track evidence of your learning through observations of your work; conversations with you; and by evaluating the work you produce. That's why your attendance and completing your work are so important. Everything can count as evidence that helps your teacher to understand what you know and can do.
- help you understand what you've mastered and what you still need to work on. We will return all evaluations to you, including questions and answers, in a timely manner. We'd like you to pay attention to both. The feedback we provide is designed to help you to improve your work. We want you to use these evaluations and this feedback for further study and improvement.
- Do not use peer and self evaluations when determining your final mark. They're a great way to reflect on your learning, but your teacher determines your grades.
- use a variety of evaluations to gather evidence of what you know and can do (e.g., tests, exams, performance tasks, demonstrations, projects, essays, interviews, etc.)
- whenever possible, we use work that you've done under supervision when determining your grade.
- use your daily homework to support your learning but not to determine your grade.
- evaluate the work you do in a group individually.
- evaluate your learning skills and work habits separately from the work you do to demonstrate your achievement, except in the few courses that combine curriculum expectations with learning skills and work habits.
- may use mark deductions as a consequence for late or missing work, but will ensure that the deductions do not result in a final grade which misrepresents your achievement.

Dispute Resolution

It is your teacher's professional responsibility to assess and evaluate your work. Where there are questions, issues or concerns, you and your parents/guardians should discuss these with your teacher. Where resolution cannot be reached, the matter should be brought to the Department Head, and then if necessary, the school administrators. School administrators will consult with your teacher to come to a resolution. The Principal's decision is final.

FINAL EVALUATIONS (30% OF FINAL GRADE)

Please do not book family vacations during the final 4 weeks of the semester. If extenuating circumstances require a student to miss a performance task or exam, the student must obtain and complete an Absence During Final Evaluations form and speak with administration.

What HDSB Students Need to Know About Final 30% Evaluations

Goals

- Ensure that the design and scheduling of the Final 30% promotes student achievement and well-being;
- Final 30% activities are aligned with curriculum and [course outline](#) ratios of achievement chart categories;
- The Final 30% evaluation is comparable in process, content and success criteria to the learning, instruction and assessment which occurred during the term work (70%).

What is the “Final 30%”?

The **Final 30%** is an evaluation at or near the end of your course that includes a variety of evaluation activities (e.g., a written exam, a performance, a small group discussion, an interview, an essay, and/or other methods of evaluation suitable to the course).

- Some of your final 30% activities may happen in the final weeks of the semester.
- Some of your final 30% activities may occur in the evaluation block after classes end for the semester.
- Course outlines available from your teacher describe the Final 30%.

Final 30% Important Points

- **Components** - Most courses have at least two final 30% evaluation parts. Typically, one happens during the evaluation block and one in the final weeks of classes.
- **Weighting** - Each component is typically worth at least 10% of the course, with exceptions.

Duration

- The maximum length of evaluation block tasks (e.g., written exams or other tasks) will be described by the board-defined course outline.
- For courses with an activity during the final **evaluation block** the final performance task will take no more than eight classes of work at the end of the semester.
- For courses with no scheduled activity during the final **evaluation block**, the final performance task will take no more than fifteen classes of work at the end of the semester.

Final 30% Supports

- **Scheduling** - Your teachers and school will do their best to plan the timing of Final 30% evaluations to reduce stress where possible and optimize your success. If you are experiencing stress, ask your teacher (or guidance counsellor, student success teacher, etc.) to help you manage.
- **Individual Education Plans** - If you have an IEP, the Final 30% Evaluations must provide you with the appropriate accommodations and/or modifications specified in your IEP.
- **English Language Learners (ELL)** - If you are an English Language Learner (ELL), the Final 30% Evaluation must provide you with the appropriate accommodations and modifications specific to your profile (Grade 9 EQAO test excepted).
- **Group Work During Final 30%** - Assignments for the Final 30% Evaluation may involve group projects as long as your work within the group project is evaluated independently and assigned an individual mark, not a common group mark.
- **Homework Expectations for Final 30%** - The Final 30% is an independent demonstration of your achievement of a course's overall expectations. Whenever possible this should be completed under the supervision of a teacher. Work assigned as part of a Final Evaluation must not require large amounts of work at home (e.g., read a novel, conduct a survey, thoroughly research a topic, or complete a portfolio etc.).

SPECIAL EDUCATION LEARNING SERVICES

The Halton District School Board is committed to the principle that learning is a developmental process and children proceed through the stages of development at varying rates. The HDSB is also committed to early recognition of learning needs and early intervention as the most effective way to ensure the learner remains confident about his/her own abilities as a learner and is engaged in the schooling process for years to come.

Special Education Placement Options

Resource Support Placements:

- A regular class with consultative support
- A regular class with resource assistance
- A regular class with withdrawal assistance

For students identified as gifted in Grade 8 moving into high school and for all identified gifted students currently in high school:

- Secondary Gifted Placement offered at designated schools
East-Oakville Trafalgar HS, Iroquois Ridge HS, Abbey Park HS

North-Georgetown District HS, Milton District HS
West-Nelson HS

Secondary gifted students in Grade 9 and 10 will have the option of being timetabled into the class/section of the core academic subjects of English, Math, Science, Geography and History, where common course selections occur, timetables permit and with student/parental input. Secondary gifted students in Grade 11 and 12 will have the option of being timetables into the same class/section of the core University destination subjects of English, Math, Science, Geography and History, where common course selections occur, timetables permit and with student/parental input.

Please note: Not all high schools offer Secondary Gifted Placement-for further information, please contact your secondary school Principal or Head of Special Education

STUDENT SERVICES

All students are welcome in Student Services to use resources for exploring future education and career goals. Individual counseling is available upon request.

WE OFFER THE FOLLOWING SERVICES

Educational Planning for High School and Post - Secondary
Career Information and Counselling
Elementary School Liaison
Student Tutors
Workshops
Work/Youth Opportunities
Volunteering Information Centre
Referrals to Outside Agencies
Individual Counselling

Appointments may be requested at any time through Student Services. We are open 7:45 a.m. – 3:45 p.m. daily in Room 109

CHANGING/DROPPING COURSES

Any program change for students under 18 years of age requires parental permission. Course changes will only be considered for academically viable reasons and only in the early part of the school year. Students under 16 or with fewer than 16 credits may not drop a course. Students must attend their current program until a change is officially made. If students in grade 11 or 12 drop a course after the "Full Disclosure Date" a mark will appear on the transcript. If they drop the course before the "Full Disclosure Date" it will not appear on the transcript. Please contact Student Services if you wish to discuss a course change.

STUDENT SUCCESS AT NELSON

What students believe about themselves and their opportunities, and what their peers and the adults in their lives believe about them, significantly influence the choices students make and the degree to which they achieve their goals. The education and career/life planning program policy for Ontario schools is based on three core beliefs, namely, that;

- all students can be successful;
- success comes in many forms;
- there are many pathways to success.

The Student Success Teacher (SST) is part of a bigger Student Success Team in your school. This team includes administration, student success teacher, guidance counselor, and special education teacher. Other professionals such as classroom teachers, social workers, and child and youth workers may also support the Student Success Team.

NELSON HIGH SCHOOL LIBRARY

The Nelson Library is a full-service library. We invite classes, groups and individuals to make use of our many resources.

FACILITIES/PROGRAMS

- Fiction, Nonfiction, Reference and Periodical collection
- Computers for school related activities
- Independent study areas

- Quiet study tables
- Seminar rooms

COSTS

- 10¢/page for photocopies
- \$1.00/page for colour copies
- Laminating - \$2.00 per metre

DRESS GUIDELINES

The Halton District School Board is committed to providing the highest quality education which prepares our students for success as responsible, participating citizens of the global community.

We are committed in supporting students' self expression, while continuing to provide an appropriate learning environment for everyone. Specific guidelines of Inappropriate Dress refers to:

- profanity & violence
- clothing deemed inappropriate for the school environment in the judgement of the administration
- logos, sayings and pictures that address or display
- sexual content & substance abuse
- race or gender discrimination

Other guidelines are:

- Hats are to be removed during the playing of the national anthem, during formal assemblies, and in classes where directed by staff.
- Student participation in technical, laboratory, arts, and physical education programs may require special considerations for dressing safely.
- For reasons of safety and sanitation, footwear must be worn at all times.

DIGITAL CITIZENSHIP

What is Digital Citizenship?

Digital citizenship encompasses a broad range of knowledge, skills and attitudes among students, staff, administration and parents/guardians about Internet usage.

A Digital Citizen is one who:

- implements precautions for online security (e.g. passwords, settings)
protects the privacy of self and others
- uses devices with attention to physical and mental health
- develops a positive reputation and digital footprint
- contributes positively to the local and global communities
- evaluates and reflects critically on information/resources/sites and respects intellectual property of others

Digital citizenship integrates:

- Safe and inclusive School strategies (ie., Culturally Responsive Teaching, Assets Building, Restorative Practices, Collaborative Problem Solving);
- Mental Health and Well-Being Strategy – to encourage respect and positive social skills when using technology.

SCHOOL EMERGENCIES

In any emergency, students are to follow the directions of staff members. Where appropriate information for parents/guardians, including instructions for pick up procedures and location, will be made public through the HDSB communications department.

FIRE

Students will be required to evacuate the building during a fire drill. The signal to evacuate will be the fire alarm. On hearing the alarm, students are to:

- leave the building in an orderly fashion by the designated exit routes;
- assemble in the area designated by their teachers and remain there until advised they may return.

If you detect a fire, pull the closest fire alarm and exit the building. Note that it is a criminal offence to make a false alarm. Any student witnessing the pulling of an alarm station is asked to report it to the office.

OTHER EMERGENCY EVACUATIONS

In some emergency situations, such as a bomb threat, it may be necessary to evacuate the school and move to an alternate location. This will be practiced once a school year. The signal for an emergency evacuation will be an announcement. Students will be asked to take any personal belongings they have with them, and evacuate following fire drill routes. They will be instructed not to attend their lockers or vehicles. On exiting the building they will proceed to the announced emergency evacuation location.

LOCKDOWN

In some emergency situations, it may be necessary for the school to be locked down. This is a process in which students and staff will take secure refuge to ensure their safety in a crisis. Students must follow teacher directions during a lockdown. During a lockdown students and staff are not to use cell phones unless they have important information to communicate to the police or school administration.

The school is equipped with external strobe lights, which are activated during a lockdown. If you see the strobe lights on, do not enter the building.

Two lockdown drills will be practiced each school year.

HOLD AND SECURE

If a threat exists in the community around the school, usually as advised by emergency services, the school may go into a "Hold & Secure". All exit doors will be locked and no one will be permitted in or out of the building. A "Hold & Secure" will only be lifted once school administration has been informed by emergency services that it is safe to do so.

NELSON INFORMATION A-Z

BUSES

School bus transportation is provided for students who live in the Nelson area more than 3.2 km from school. Routes, pickup locations and times will be posted on the Board website and outside the main office. Riding the bus is a privilege. Students are expected to follow instructions of the bus driver and the Code of Behaviour. *Halton Student Transportation Services: www.haltonbus.ca or 1-888-803-8660*

CAFETERIA

Full cafeteria service is available at Nelson which includes breakfast, snacks and lunches. The cafeteria is opened from 7:45 a.m.-1:00 p.m. Students are expected to assist the school staff in keeping the school clean by cleaning up after themselves and putting garbage in containers provided.

CONCUSSION PROTOCOL

Students who receive a direct blow to the head, face, neck, or a blow to the body that transmits a force to the head must be monitored for signs of a concussion for a minimum of 24 hours at school and at home. Students will not be permitted to participate in any physical activity until Form C-3 (available in the main office) is signed and returned to school. During this monitoring phase, if symptoms appear the student must be seen by a medical doctor or nurse practitioner.

If a concussion is diagnosed, families will meet with an administrator to review the concussion protocol and determine next steps.

Outside of School: It is important to note that students who have a suspected or diagnosed concussion that occurs outside of school hours or school sanctioned events are still required to follow the HDSB Concussion Protocol process. We request parents inform the school administration as soon as possible regarding these events.

NOTE: The full Concussion Protocol can be found at www.hdsb.ca

FIELD TRIPS

Students will have the opportunity to participate in field trips for their courses to enhance and enrich their in-school learning. Also, students who select to be involved in extracurricular clubs and teams will be participating in out-of-school events and activities. When on a field trip, students are "ambassadors" of Nelson and are expected to conduct themselves in a manner that promotes a positive image of the school and its students. Specifically, students are expected to comply with the Code of Student Behaviour and school bus regulations. Students may be denied the privilege of going on trips for such reasons as unacceptable behaviour on a previous trip or poor attendance. Students are to notify teachers of subjects they will be missing while on the trip. Alternate arrangements with the teacher are to be made if the trip is on a day on which there is a test or an assignment is due.

FIRST AID AND MEDICAL CONCERNS

There are specific medical related forms to be completed if your student takes prescriptions medication (ex. Inhaler) during the day or staff may need to administer prescription medication in an emergency (ex. Epipens) or has one of the following: Anaphylaxis, Asthma, Concussions, Diabetes, Epilepsy/Seizure Disorders, or other medical concerns. Please contact Brad Yhard, VP, if you have any questions or would like more information.

There are a number of students with anaphylactic allergies at Nelson. The most common triggers are food and insect stings. We are cognisant of all allergies and request that you refrain from bringing peanut and tree nut (almonds, hazelnuts, cashews, pecans, pistachios etc) products to school.

ILLNESS OR ACCIDENT (DURING THE SCHOOL DAY)

A student who becomes ill during the day should report to the office. The parent/guardian will be contacted, and, in most cases, the student will go home. If you are involved in an accident on school property or witness one, please report it to the office immediately.

IMMUNIZATIONS

Check with your healthcare provider or Halton Region Public Health Department to make sure your child has the vaccines needed to attend school. If your child has followed the immunization schedule, no further vaccines will be needed.

What immunizations (shots, vaccines, needles) does your child need for school?

Refer to the Halton Region Health Department for the immunization (shots, vaccines, needles) needed for school. For other additional information about vaccines visit Ontario's Immunization Schedule.

Report Your Child's Immunization Records

It's your responsibility to report your child's updated immunization records to the Halton Region

LOCKERS

Each student will be assigned a locker for the school year and is expected to keep their locker in good condition. Only appropriate locks are permitted for use on lockers and may be purchased at registration or from the main office. Do not leave valuables in lockers and do not share locker combinations with others. Any problems with lockers should be reported to the office. All lockers must be emptied and locks removed at the end of each school year.

LOST AND FOUND

Anyone finding an article is requested to bring it to the main office. Students should check with the office if they are missing property. If an item is found, please bring it to the office.

MONEY AND VALUABLES

Students should not bring valuables or large sums of money to school, as the school cannot be responsible for articles lost or stolen. Cell phones and electronic devices are particularly vulnerable. It is the student's responsibility to protect their valuable possessions. If you must bring money for purchases, field trips etc. at school bring a cheque made out to Nelson High School or use our pay online service "SchoolCash Online" hdsb.schoolcashionline.com.

PARKING AND PARKING LOT USE

All drivers are expected to observe traffic signs and drive responsibly within the community. Students should not play music in the parking lot. Students who disregard parking regulations may be fined, have their vehicles towed away, and/or lose parking privileges.

Parking Lot Safety (Adult and Student Drivers):

- Quick pickup or dropoff only in the driveway (Do not block other vehicles)
- Drive according to the speed limit in the parking lot so that we not compromise the safety of others
- Show respect for other drivers, pedestrians, bikers, buses and school property
- Use the parking lot for its sole purpose of parking and not a social gathering area

PERMISSION FORMS

Students who are participating on field trips or outings are required to submit a permission form to their teacher or staff advisor in advance of the trip. Students will be denied an opportunity to participate if the required form is not submitted in a timely fashion.

POSTERS AND HANDBILLS

Seek office permission before posting notices relating to non-school activities. Handbills advertising out-of school events may NOT be distributed in the school.

RECYCLING

Nelson is an environmentally conscious school. Students are asked to recycle pop cans and papers using the special receptacles and boxes provided.

SKATEBOARDS, HOVERBOARDS AND ROLLER BLADES

Skateboards, long-boards, hoverboards and roller blades are not to be used on school property.

SMOKING/VAPING

All forms of tobacco, vaporizers and e-cigarettes are not permitted anywhere on school property. A fine of \$305.00 may be issued by Halton's Tobacco Enforcement Officer if found smoking on school property. School consequences will also be applied if found smoking or vaping on school property. Please check full school policy on our website under Students-Health and Well Being.

VISITORS

School property is private property. Visitors must report to the main office and receive permission to visit. A person who persists in coming onto Nelson High School property without such permission may be charged with trespassing.

VOLUNTEERS

All volunteers are required to report to the main office on their initial visit each school year to ensure that all requirements have been met. New to Nelson volunteers must produce a valid Criminal Record Check with Vulnerable Sector Screening, the date of issue must be within 6 months. Returning volunteers must complete an Annual Offence Declaration form. Residents of Halton aged 21 and older can apply for Police Information Checks and Police Vulnerable Sector Checks for volunteer purposes ONLINE 24 hours a day.

WEAPONS

Possession of a weapon of any type (including possessing a firearm, knives, other weapon, or replica weapons) is prohibited in our school or on our school grounds. This prohibition includes anything which may be used as a weapon. Note that the restriction is in place regardless of whether the weapon is displayed or used in a threatening manner. Refer to Halton District School Board's Code of Conduct for details of Acceptable Behavior Expectations to ensure a safe school.

NELSON HIGH SCHOOL ACTIVITIES

STUDENT ATHLETIC ASSOCIATION (SAA)

The Student Athletic Association organizes and promotes participation in the various activities related to athletics. These include intramurals, interschool competitions, athletic awards, fund-raising, charity work, and organization of the Athletic Banquet.

SCHOOL DANCES

Nelson dances are for the enjoyment of Nelson students only. They are supervised by staff members who volunteer their time. Expectations:

- Each Nelson student must show a valid student card when purchasing a ticket. Tickets must be purchased in advance. Tickets are NOT sold at the door.
- No student will be admitted one hour after the start unless he/she has made prior arrangements with the school administration.
- Once admitted to an event, a student who leaves will not be re-admitted.
- Students who arrive at a school function under the influence of drugs or alcohol will be subject to disciplinary consequences as per the Student Code of Conduct/Behaviour.
- Students attending dances must adhere to the Board's "No Smoking/Vaping" policy.

ATHLETICS

It is our goal to present sports in a manner that promotes a positive experience for the athlete. We wish to promote the development of physical skills, attitudes such as self-discipline, perseverance, commitment and co-operation, leadership skills, and other social skills that carry over into daily living. Students are encouraged to try out for one or more of our school teams. Transfer students are reminded to check their eligibility with the coach or the program head. Failure to do so may result in athletic ineligibility. For those that are interested in leadership the Student Athletic Association offers students the opportunity to help plan athletic related events and raise school spirit.

All students participating on interscholastic teams must pay a standard athletic fee for each sport. This fee covers; buses/transportation, equipment repair/update, league and referee fees, athletic therapists/first aid supplies, athletic awards and medals, subsidized athletic banquet ticket and uniform top up as needed. Please be advised that some sports and/or seasons may require additional fees.

INTRAMURALS

Nelson offers an extensive intramural program run by the Student Athletic Association in conjunction with leadership students and the physical education staff. They will take place at various times throughout the year. All students are welcome to participate. Students wishing to take part in intramural must complete the Physical Education/Intramural medical form that is sent out to families as part of the September start up package.

FITNESS CENTRE

Nelson has a supervised fitness center that is open before and after school every day of the week, as well as Mondays and Wednesdays during period 3 and period 4. Classes take precedence in the Fitness Centre and therefore it can be classed at the teacher's discretion. Cost of membership is \$50/year. Membership costs cover equipment repair and renewal. Students must agree to abide by Fitness Centre rules and fill out a parent permission form along with completing a safety walk-through prior to beginning an exercise program.

CO-CURRICULAR ACTIVITIES

Nelson has many clubs and organizations through which students may enrich their school life. Listen for announcements as to how you can become involved. For more information contact Student Services/Athletic Department.

NELSON HIGH SCHOOL AWARDS SYSTEM

Honours Society Honours Lists (society or semester end)

Students who have attained a credit-weighted average with final marks in current year courses. Students with an average 78.50 to 79.999 are potential and would need improvement in their final marks to qualify. Students with an average of 80.000/more qualify.

- Semester 1 Honours should be used at the end of semester 1 (requires: grade 9 – 4 credits, grade 10 – 4 credits, grade 11– 3 credits, grade 12 – 3 credits).
- Semester 2 Honours should be used at the end of semester 2 (requires: grade 9 – 4 credits, grade 10 – 4 credits, grade 11– 3 credits, grade 12 – 3 credits).
- Honours Society List should be used at the end of semester 2 (requires: grade 9 – 8 credits, grade 10 – 8 credits, grade 11– 7 credits, grade 12 – 6 credits).

Potential Ontario Scholars

Students who have attained a specified credit weighted average. Students with an average 79.50 to 79.999 are potential and would need improvement in their final marks to qualify. Students with an average of 80.000/more qualify.

To qualify as an Ontario Scholar, the Ontario Ministry of Education has specified the student must have graduated in the last 2 years and reached a total of 480 (80.00% average) from their top final marks with 6 credits of specific courses.

Note – Students who are taking courses outside of Nelson are responsible for providing proof of completion and achievement to Student Services as soon as possible.

ATHELETIC AWARDS

Athletes will be recognized for an outstanding commitment to the Nelson Lords. Any athlete who plays the same sport for 4 consecutive years will receive the Nelson Lords Varsity Medal in that sport.

The Department of Healthy Active Living and the Nelson coaching staff vote for the awards given out at the Nelson Athletic Banquet.

WHERE TO CALL FOR HELP

| HELP LINES | |
|--|---|
| Kids' Help Phone (24 hrs) | 1-800-668-6868 |
| COAST (Crisis Outreach and Support Team) For youth 16 and older | 1-877-825-9011 |
| ROCK (Reach Out Centre for Kids) 24 hour Crisis Line | 905-878-9785 |
| Halton Children's Aid Society (under 16) (24 hrs) | 1-866-607-5437 |
| Distress Centre Oakville (24 hrs) | 905-849-4541 |
| Distress Centre North Halton (24 hrs) 905-877-1211 | |
| Lesbian/Gay/Bi/Trans Youth Line | 1-800-268-9688 |
| Smoker's Helpline | 1-877-513-5333 |
| Mental Health Helpline (ConnexOntario) | 1-866-531-2600 |
| Ontario Problem Gambling Helpline | 1-888-230-3505 |
| Drug and Alcohol Helpline | 1-800-565-8603 |
| Halton Region, health information & support | Dial 311 or 1-866-442-5866 905-825-3622 |
| SAVIS (Sexual Assault & Violence Intervention Services of Halton) 24 hour Help Line | 1-877-268-8416 |
| Alcohol and Drugs | |
| ADAPT (Halton Alcohol, Drug and Gambling Assessment, Prevention and Treatment Services) | |
| Burlington | 905-639-6537 |
| Oakville | 905-847-6547 |
| Milton | 905-693-4250 |
| Halton Hills | |
| Acton | 519-853-8222 |
| Georgetown | 905-873-2993 |
| Exchange Works (needle exchange program) | 905-825-6065 Ext. 4549 |
| Outreach Services | 905-330-3305 |
| North Hamilton | 905-702-4200 |
| FAST (Family Adolescent Straight Talk) | 1-866-715-0005 |
| Alcoholics Anonymous | 1-866-715-0005 |
| ALANON and ALATEEN | 1-888-425-2666 |
| ASAP (Adolescent Substance Abuse Outreach Program) Sick Kids Hospital | 416-813-5097 |
| Sexual Health | |
| Halton Region Sexual Health Clinics | Dial 311 or 1-866-442-5866 |
| Nina's Place (sexual assault care centre) At Joseph Brant Memorial Hospital | 905-632-3737 Ext. 5708 |
| Radius Child and Youth Services | 1-800-663-9888 |
| Pregnancy/Prenatal Support | |
| Shifra Home (maternity residence) | 905-681-9633 |
| Halton Region pregnancy support | 1-866-442-5866 |
| Emergency Shelter and Food | |
| Bridging the Gap | 1-877-425-8661 |
| Salvation Army | 1-800-725-2769 |
| Lighthouse Shelter During business hours After Hours | Dial 311 or 1-866-442-5866 905-339-2918 |
| Halton Women's Place | |
| South Halton (24 hrs) | 905-332-7892 |

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| North Halton (24 hrs) | 905-878-8555 |
| Acton Food Share | 519-853-0457 |
| Georgetown Bread Basket | 905-873-3368 |
| Safe Beds | 905-849-8443 |
| Ready4Life (housing and support services) | |
| Burlington | 905-699-7743 |
| Oakville | 905-699-9332 |
| Halton Housing Help Centre | Dial 311 or 1-866-442-5866 |
| Counselling/Mental Health Services | |
| Child and Youth Outpatient Services | 905-815-5140 |
| ROCK (Reach Out Centre for Kids) | 905-634-2347 |
| Halton Region Mental Health Liaison Nurses (work with students in elementary schools) School Social Worker/Child and Youth Counsellors Contact your school's Student Services Department | Dial 311 or 1-866-442-5866 |
| Access Counselling and Family Services | 1-866-457-0234 |
| North Halton Child and Youth Psychiatry Program | 905-693-4240 |
| Woodview Mental Health and Autism Services | 1-905-689-4727 |
| Canadian Mental Health Association | 1-877-693-4270 |
| Halton Family Services | 905-845-3811 |
| Nelson Youth Centre | 905-681-2611 |
| REACH (Recovery Through Education of Adolescent and Children in Halton), Halton Healthcare Services | 905-815-5140 |
| Financial Support | |
| Legal Aid | 1-800-668-8258 |
| Ontario Works (help with the cost of living) | Dial 311 or 1-866-442-5866 |
| Halton Region Oral Health Dial (free preventive and urgent dental care) | Dial 311 or 1-866-442-5866 |
| Halton Child Care Subsidy (help with the cost of childcare) | Dial 311 or 1-866-442-5866 |
| Youth in Transition Worker Program | 905-928-8803 |
| Other Support Services | |
| Danielle's Place (eating disorder support & resource centre) | 1-866-277-9959 |
| Halton Region Police Service | |
| Emergency | 911 |
| Non-Emergency | 905-825-4777 |
| Halton Multicultural Council (new immigrant support) | 905-842-2486 |
| Halton Region Immunization Services | Dial 311 or 1-866-442-5866 |
| Lighthouse Program for Grieving Children | 905-337-2333 |
| Positive Space Network (LGBTQ youth groups) Ext. 295 | 905-339-3525 |
| POSSE (Peer Outreach Support Service and Education) | 905-636-7740 |
| Safetynet Children and Youth Charities | 905-845-7233 |
| Volunteer Halton | 905-878-0955 |
| YMCA Career Development and Learning Centre | 905-681-1140 |
| STRIDE (youth employment program) | |
| South Halton | 905-338-1111 |
| North Halton | 519-853-5624 |
| Elizabeth Fry Society – youth program | 289-233-1871 |

More information can be found at halton.ca or Dial 311.